## Mental Health Services Act Workforce Education and Training

# Training and Technical Assistance for Current Employees, Service Providers and Community Partners/Curriculum Fidelity Special Topic Workgroup

June 20, 2006

#### 1. Present.

- a. Dena Bloomgarden, Mental Health Association Los Angeles
- b. Wendy Desormeaux, Department of Mental Health
- c. Casey Dorman, Orange County Mental Health
- d. Brian Keefer, California Mental Health Planning Council
- e. Sharon Kuehn, California Network of Mental Health Clients (CNMHC)
- f. Vivian Lee, Department of Mental Health
- g. Dee Lemonds, Department of Mental Health
- h. Anna Lubarov, Contra Costa County Mental Health Office of Consumer Empowerment
- i. Michael Lisman, Alameda County Mental Health
- j. Olivia Loewy, American Association of Marriage and Family Therapists CA
- k. Kimberly Mayer, Contra Costa County Mental Health
- I. Jane Middleton, California State University, Fresno
- m. Douglass Murphy, Santa Clara County Mental Health Consumer and Family Member Advocate
- n. Lea Nagy, Humboldt County Mental Health Consumer and Family Member Liaison
- o. Sandra Naylor-Goodwin, California Institute for Mental Health (CIMH)
- p. Tonya Nowakowski, Hathaway In Home Family Service Programs in Los Angeles
- g. Ken Pinhero, Telecare Director of Staff Development
- r. Richard Ramirez, Gardner Family Care Services San Jose
- s. Vicki Smith, California Institute for Mental Health (CIMH)
- t. Shelley Spear, United Advocates for Children of California (UACC)
- u. Carey Temple, Consumer Representative Los Angeles
- v. Inna Tysoe, Department of Mental Health
- w. Connie Valentine. CA Protective Parents Association

**Facilitator:** Warren Hayes, Department of Mental Health

#### 2. Power Point Presentation. (See Attached)

The group reviewed a power point presentation that outlined the reason for the workgroup topic, the MHSA Workforce Education and Training context for this topic, operating principles for developing recommendations and options, the process for review and consideration of workgroup products, and short- versus long-term considerations. The California Mental Health Planning Council's recommendations, as well as a broad summary of stakeholder input to date was outlined.

The group reviewed existing training and technical assistance efforts at the statewide level that has been assisting county mental health programs prepare for implementation of the Mental Health Services Act (The Act), and endorsed their continuance and expansion, as appropriate. Specifically,

- CIMH's contract with DMH for CSS planning and implementation to support county mental health programs for the upcoming fiscal year, to include Community Development Teams to assist counties in implementing Values Driven Evidence Based Practices.
- Implementing Cultural Competency Training, as being currently developed through DMH's Multicultural Advisory Committee.
- UACC's Educate, Equip, and Support: Building Hope (EES) Train the Trainer.
- NAMI California Peer to Peer, Family to Family Training and training for providers.
- The DMH/DOR Interagency Agreement that contracts with a consultant cadre to provide training and technical assistance to promote the employment of consumers as part of their recovery.
- Expansion of CNMHC's contract with DMH to develop a Self Help Technical Assistance Center and add a training and technical assistance element to the Scope of Work to promote employment of consumers in public mental health.
- Independent consultants.

#### 3. Training and Technical Assistance Tracks.

The group developed an initial list of training and technical assistance tracks in which trainers/consultants could be engaged at the local, regional or state level. These are:

- Facilitating recovery-oriented mental health service delivery
- Cultural competency
- Employment with supports
- Supportive housing
- Supportive education
- Integrating physical and mental health
- Co-occurring disorders
- Outreach and engagement to the underserved

- Target/special populations/age groups
- Assessment and treatment of trauma
- Building a community team
- Sharing innovative/best/promising/evidence based practices
- Understanding self-help
- Prevention and early intervention
- Developing business skills

The group recognized that while this listing was a good place to start, it was preliminary and subject to evolution through the stakeholder and needs assessment process. The group recognized an ongoing role at the regional and state level for keeping the listing current and inclusive.

CIMH volunteered to facilitate a follow-up teleconference for workgroup members to revisit this listing in order to allow for further maturity before engaging the public in the stakeholder process.

#### 4. Fidelity to the Act.

The group articulated principles for entities at the local, regional and state level to consider in the approval, conducting and evaluation of any training and technical assistance that is delivered under the auspices of The Act.

- Consumers and family members need to be a part of the team that provides the training or technical assistance.
- Members of special populations and/or underserved groups need to be a part of the team that provides the training or technical assistance.
- Insofar as possible the training and technical assistance should have a blended audience that includes service providers, management, consumers and family members, and community partners who have a stake in the training and technical assistance.
- Directors of the participating county mental health programs and contract agencies need to actively support the training and technical assistance being provided.
- Incentives for participation in the training and technical assistance need to be provided by participating organizations.
- Programs and individuals who currently best embody successful practices according to the principles of The Act, or "early adopters", should be recruited to provide training and technical assistance.
- Not only evaluation of the provided training and technical assistance, but evaluation of its impact on service delivery needs to be developed.

CIMH volunteered to facilitate a follow-up teleconference for workgroup members to review and add to these principles, as appropriate.

The group recognized the need for statewide and regional mechanisms to address fidelity to the values and principles of the Act for all education and training proposed and delivered under the auspices of the Act.

### 5. Next Meeting.

The group decided to meet on Thursday, August 17<sup>th</sup>, from 10:00 A.M. until 3:00 P.M. The California Endowment has graciously offered the use of their meeting room.

The agenda will include reviewing and finalizing recommendations for training and technical assistance tracks, and principles for fidelity to the Act. The group recognized an ongoing mission in this area, and will discuss options for ongoing structures at the local, regional and state levels.